

**Abstract**

The present invention provides an optical film that can be suitably used for antiglare treatment to suppress blurry image and reduced contrast, as well as a method of producing such optical film. The optical film proposed by the present invention has a transparent base and a coating layer which is provided on at least one side of the transparent base and where transparent fine particles of 0.5 to 10  $\mu\text{m}$  in average particle size are dispersed in a transparent resin phase, and one of the transparent resin phase or transparent fine particle contains a molecule-oriented high-molecular liquid crystal compound while the other is made of an optical isotropic resin.